

# COME CELEBRATE

YOU ARE NOT ALONE IS TURNING 5!

Guest Speakers/Discussion Workshop with topics

## Letting Go (of Shame) & Extreme Self Care

\*FUNDS RAISED WILL GO TOWARDS SENDING OUR DELEGATE TO THE ANNUAL BUSINESS MEETING!

**June 6th 5:30-7:30 EST**

**RSVP to attend;**

**[YANAonlineworkshop@gmail.com](mailto:YANAonlineworkshop@gmail.com) \***

This is a closed meeting of SLAA/DASA.

*Suggested* donation of \$5.00 to attend the workshop.

Bilingual event; the workshop will run in both French and in English.

\*Email your intention to attend for the link to the workshop and password.